

# Faith Heroes

## Putting faith into action



### Introduction

Inspired by Pope Francis' recent document 'Gaudete et Exsultate', the Faith Heroes appeal encourages children to put their faith into action and help those in need.

Faith Heroes explores the lives of three October Saints:

- St Therese of Lisieux (Feast Day 1<sup>st</sup> October)
- St Francis of Assisi (Feast Day 4<sup>th</sup> October)
- St John XXIII (Feast Day 11<sup>th</sup> October)

The learning activities look at how these Saints became Faith Heroes by putting their faith into action. Through this appeal, children can follow the Saints and become Faith Heroes too.

### Resources

Free teaching resources are available to download from the Catholic Children's Society website: [www.cathchild.org.uk](http://www.cathchild.org.uk) (under 'school resources'). Each activity focuses on one of the Saints. Activities can be completed as a session per week in October or altogether during Faith Hero Day, to be held on the last day before the half term holidays.

The interactive and differentiated (KS1 and KS2) teaching resources include:

- An activity booklet for each pupil
- What is a Faith Hero? (Introductory lesson plan and PowerPoint Presentation)
- Lesson plans and PowerPoint presentations for each of the three Saints
- An assembly
- Prayer and reflection activities

### Fundraising

On the last day before schools break up for half term, we are asking pupils to join together for **Faith Hero Day**. On this day pupils can dress up as a Saint and bring in £1 to support the work of the Catholic Children's Society. Alternatively you may like to hold a non-school uniform day. All funds donated will be used to support local children and families in need.

### Contact us

If you have any questions or would like to order any free fundraising materials (e.g. stickers, collection boxes) please contact Kimberley Tough by emailing [kimberleyt@cathchild.org.uk](mailto:kimberleyt@cathchild.org.uk) or calling 020 8969 5305.