

Faith Hero: St Therese of Lisieux



'Spread Happiness'



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St Therese of Lisieux
1st October

Helping others



Aims

- To know who St Therese of Lisieux was
- To learn how St Therese of Lisieux helped others
- To explain how the Catholic Children's Society's Crisis Fund helps others



Helping others



- How do you help people at school, at home or in your local community?
- How do you feel when you help others?
- Why do we help others?



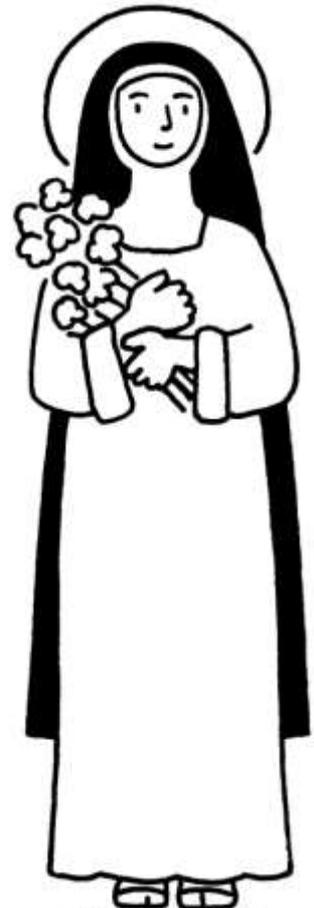
Who was St Therese?



St Therese was born in France.

She always wanted to become a nun and joined the Carmelites in Lisieux when she was 15.

She was only 24 when she died.



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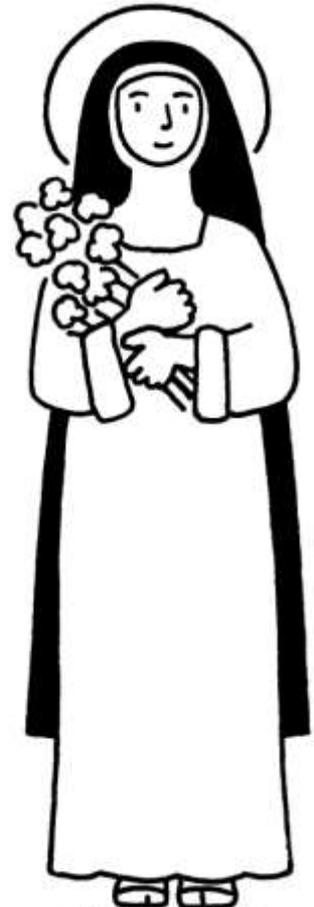
How did she help others?



Therese helped others with small acts of kindness.

For example, when an older nun was struggling to walk down a corridor Therese tried to help her.

Even though Therese was helping her, the older nun complained and was very unkind to Therese. Therese continued to help the older nun and offered her a friendly smile.



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How did she help others?



She thought of herself as a 'Little Flower of Jesus' because she was simply loving God in her own way.

Therese lived her life doing small everyday things that were kind and caring.

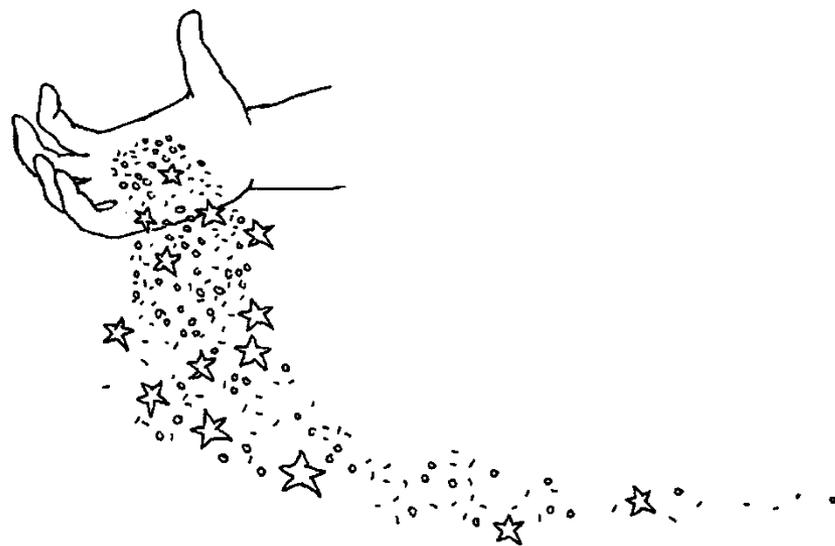
When all these kind things were seen together they made her very special.



How was St Therese a Faith Hero?

St Therese of Lisieux was a Faith Hero because she put her faith into action.

She helped by doing small kind things every day.



How can we help others?

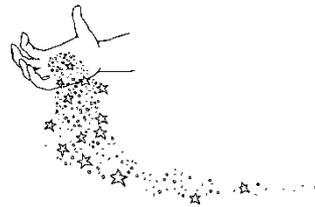


What small acts of kindness could you do for others?

Why are these small acts of kindness special?

Faith Heroes

Help others



How does the **Catholic Children's Society help others?**



Like St Therese, the Catholic Children's Society helps children and families by doing kind things.

Through the Crisis Fund, they help children and families who are in need.



What is the Crisis Fund?



The Catholic Children's Society's Crisis Fund provides emergency assistance for children, young people and families.





Thomas' Story

Thomas' Story



Thomas is five years old.

Last month Thomas's teacher noticed that he had stopped playing and running around with his friends at break times.

He would just sit on his own.



The teacher asked what was wrong and Thomas explained that he could not run anymore because of his feet.

He then took off his shoes revealing feet that were swollen and covered in sores.



Thomas's mother had recently lost her job.

Thomas's feet had grown but she had no money to buy him new shoes.



The school contacted the Catholic Children's Society who were able to use their Crisis Fund to buy Thomas new shoes for school and home.

Thomas can now play again.

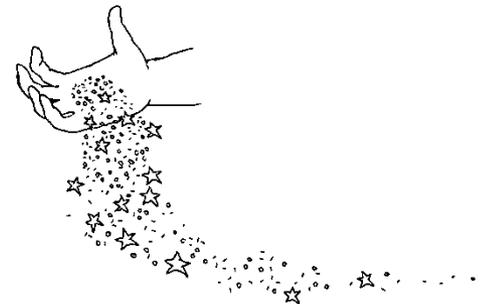


Catholic Children's Society



How did the Catholic Children's Society help Thomas?

How are they Faith Heroes?



Pupil Activities



Faith Hero Booklet

- Draw a picture of yourself on the front
- Draw and write about how you can help someone
- Draw and write about how the Catholic Children's Society helps people

Prayer and Reflection



St Therese of Lisieux helped others by doing kind things every day.

Guide us as we follow her example, helping others and putting our faith into action.

Amen.



[Extended Prayer Link: I am a Faith Hero like St Therese](#)

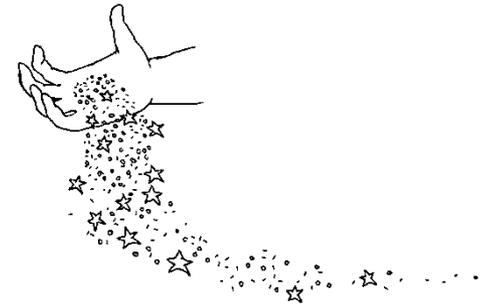
How are we Faith Heroes?



How was St Therese a Faith Hero?



How are the Catholic Children's Society Faith Heroes?



How are you going to be a Faith Hero?