

Faith Hero: St Therese of Lisieux



'A word or a smile is often enough to put fresh life in a sad soul'



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St Therese of Lisieux
1st October

Ordinary things in an extraordinary way



Aims

- To know who St Therese of Lisieux was
- To learn how St Therese of Lisieux did ordinary things in an extraordinary way
- To explain how the Catholic Children's Society Crisis Fund does ordinary things in extraordinary ways



Ordinary things



- What makes something 'ordinary' or 'extraordinary'?
- How does something become extraordinary?



- What ordinary things have you done?
- What extraordinary things have you done?





Most of us don't think we are extraordinary or do extraordinary things.

But the ordinary things we do can become extraordinary, especially when we are helping others.

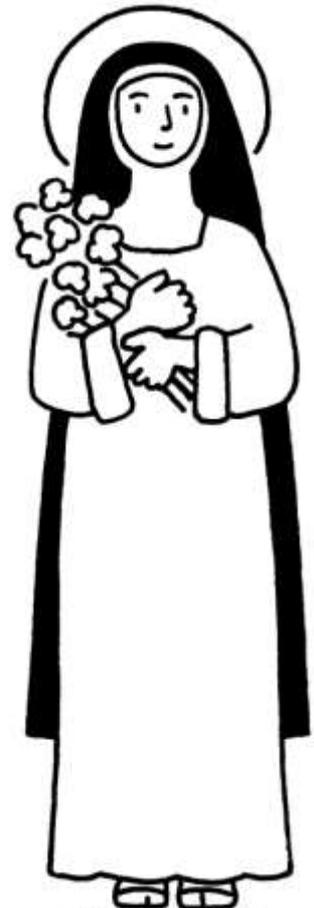
Who was St Therese?



St Therese was born in France.

She always wanted to become a nun and joined the Carmelites in Lisieux when she was 15.

She was only 24 when she died.



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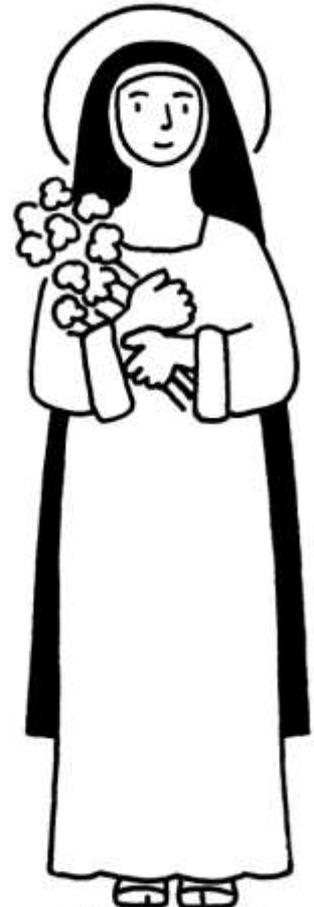
How did she help others?



Therese helped others with small acts of kindness.

For example, when an older nun was struggling to walk down a corridor Therese tried to help her.

Even though Therese was helping her, the older nun complained and was very unkind to Therese. Therese continued to help the older nun and offered her a friendly smile.



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How did she help others?



She thought of herself as a 'Little Flower of Jesus' because she was simply loving God in her own way.

Therese lived her life doing small everyday things that were kind and caring.

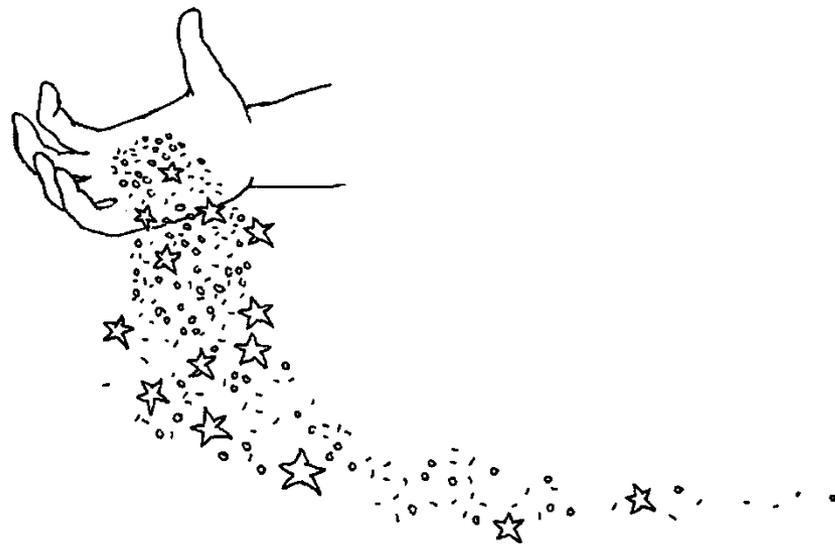
When all these ordinary things were seen together they became extraordinary.



How was St Therese a Faith Hero?

St Therese of Lisieux was a Faith Hero because she put her faith into action.

She helped by doing ordinary things in an extraordinary way.



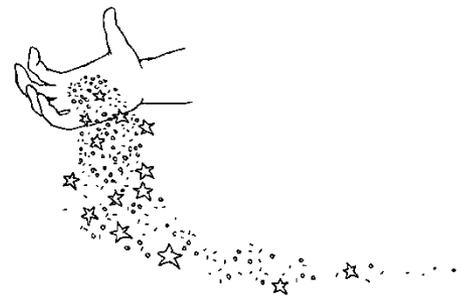
How can we be Faith Heroes?



What ordinary things could you do in an extraordinary way?

Faith Heroes

Do ordinary things in
an extraordinary way



How does the Catholic Children's Society put faith into action?

Catholic
Children's
Society

Like St Therese, the Catholic Children's Society helps children and families in an extraordinary way.

Through the Crisis Fund, they help children and families who are in need.



What is the Crisis Fund?



The Catholic Children's Society's Crisis Fund provides emergency assistance for children, young people and families.





Thomas' Story

Thomas' Story



This is Thomas, he is five years old.

Last month Thomas's teacher noticed that he had stopped playing and running around with his friends at break times and would just sit on his own.



His teacher asked what was wrong and Thomas explained that he could not run anymore because of his feet.

When he took off his shoes, he revealed that his feet were swollen and covered in sores.



Thomas's mother had recently lost her job.

Thomas's feet had grown but she had no money to buy him some new shoes.



The school contacted CCS who were able to use their Crisis Fund to buy Thomas new shoes for school and home.

Thomas can now play again with his friends at break time.

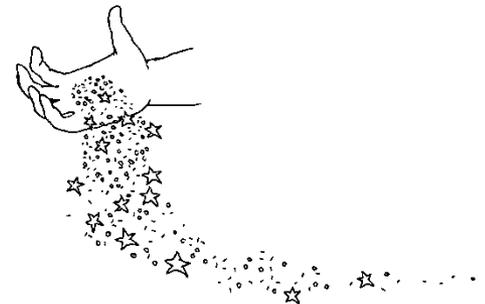


Catholic Children's Society



How did the
Catholic Children Society
help Thomas?

How are they Faith Heroes?



Pupil Activities



Faith Hero Booklet

- Draw a picture of yourself on the front
- Explain how St Therese did ordinary things in extraordinary ways
- Explain how you can help the Catholic Children's Society in an extraordinary way

Prayer and Reflection



St Therese of Lisieux helped others by doing ordinary things in extraordinary ways.

Guide us as we follow her example, helping others and putting our faith into action.

Amen.



[Extended Prayer Link: I am a Faith Hero like St Therese](#)

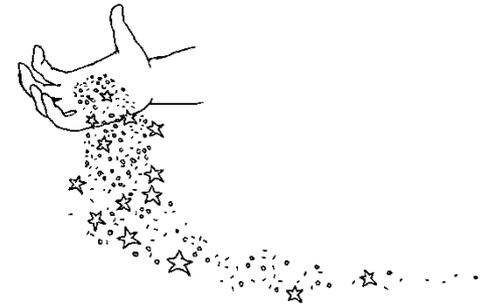
How are we Faith Heroes?



How was St Therese
a Faith Hero?



How are the Catholic
Children's Society
Faith Heroes?



How are you
going to be
a Faith Hero?