



## Lesson 1: What are my talents?

Three 30 minute lessons or one 90 minute lesson

### Aims:

- To think about different talents people have
- To identify your own talents
- To understand what Jesus meant when he said “your light must shine before people”

**Resources:** Shine Your Light activity sheets, scrap paper  
PowerPoint, workbooks(available to download [www.cathchild.org.uk](http://www.cathchild.org.uk))

### Starter

Read through Matthew 5:14-16 on the PPT slide 3. By the end of lesson 1, pupils will be able to explain what Jesus was saying.

### What is a talent?

Ask pupils- What do you think of when you hear the word talent? Take suggestions. Show the PPT slides of talent shows. Ask pupils which talent the following showcase: X Factor, Strictly Come Dancing and Britain's Got Talent. You could play YouTube clips of auditions.

Hand out workbooks. On p. 1 pupils write down a list of all of the talents they can think of. Set a 3 minute timer.

Talents Bingo: Ask pupils to look at their list and circle any talents on slide 10 that match with their list. Ask pupils- are there any other talents they can think of?

The first half of the list are more obvious talents, and the second half are talents we may take for granted. Explain that talents are things that we are good at.

### What are my talents?

Hand out a piece of paper to each pupil. Each pupil writes their name at the top of their sheet of paper. Pupils then pass their sheet to the person next to them. At the bottom of the sheet, their classmate writes down one thing that pupil is talented at. They then fold the bottom of the sheet so that the talent is hidden. Pupils then pass the sheet of paper to a different pupil and they write down something that person is talented at. Repeat until six people have each written a talent.

Pupils return their sheet to the talented person. Pupils read through the talents their classmates have listed. Ask pupils how the list makes them feel? Would they have listed those same talents? Explain that we all have talents that are unique and special to us.



## Talents Interview

Pupils pick one of their talents. In pairs, pupils take it in turns to interview one another about that talent. Pupils can just discuss or write down their answers on p.2 of their workbooks.

Interview Questions:

- What is your talent?
- How did you discover your talent?
- How long have you had your talent for?
- How often do you use it?
- Are you proud of your talent?
- Do you have a role model who shares your talent?
- Could you use your talent to help others?

## Shine Your Light

Read through Matthew 5:14-16 again. Ask pupils- What do you think Jesus means when he says “you are like light for the whole world” and “your light must shine before people?”

Explain that your light is your talent. Jesus is explaining that you should not hide your talents but share them with others to do good things- “your light must shine before people.” So how can you follow Jesus’ teaching and shine your light?

## Shine Your Light Activity Sheet

Hand out Shine Your Light activity sheets. Explain their task. This Lent pupils will think about their talents and how they can use their talents to make the world a brighter place.

Pupils can note down their talents in the orange box on their activity sheet.

Every day pupils will reflect-

- How can I use my talents and shine my light to make someone's day brighter?
- Write/ draw one thing you will do/ have done today to make someone's day brighter.
- Write/ draw something every day during Lent.



Shine Your Light							
How can you use your talents to make someone's day brighter?							
My Talents		 					
		1	2	3	4	5	
		Ash Wednesday				First Sunday of Lent	
		6	7	8	9	10	
		Today I will... Share my talent with others and make their day brighter					Last Sunday of Lent
		11	12	13	14	15	
		Wednesday I will... Share my talent with others and make their day brighter					
		16	17	18	19	20	
		Thursday I will... Share my talent with others and make their day brighter					
		21	22	23	24	25	
		Friday I will... Share my talent with others and make their day brighter					
		26	27	28	29	30	
		Saturday I will... Share my talent with others and make their day brighter					
		31					

## Prayer

Light a candle if possible. Read through the Lenten prayer together:

Dear Lord,

Let us shine our light for you this Lent.

We all have special talents which you have given to us.

Guide us as we follow your teachings and use our talents to help others.

Let us shine our light for you this Lent.

Amen.



## Lesson 2: How have other people used their talents?

### Aims:

- To think about what it means to be talented
- To investigate how six famous people have used their talents

**Resources:** **Shine Your Light activity sheets**  
**PowerPoint, workbooks, talented profiles (available to download**  
**[www.cathchild.org.uk](http://www.cathchild.org.uk)**

### Starter

Pupils think/write down the three most talented people in the world (in their opinion). Share ideas as a class.

### What makes someone talented?

Remind pupils of Matthew 5:14-16 from lesson 1. Do pupils remember this passage? Jesus is explaining that you should use your talents to make the world a better place. Ask pupils to think again about their top three. Have these people done good things to make the world a brighter place?

### How have other people used their talents?

Carousel activity. Hand out workbooks and the famous talented people profiles, one per group 3-4 pupils. In groups, pupils read through the profiles and complete the table on p.3 of their workbooks:

1. List that person's talents.
2. How did they shine their light and use their talents to help others?
3. Look at your talents listed on your Shine Your Light activity sheet. Do you share any talents with that person?

Pass the profiles around the room until all groups have completed their tables.

### Who do you think is/ was the most famous talented person?

Class vote. Show pupils images of the six people on the PPT. Pupils vote on who they think is/was the most talented person. Ask pupils to explain why. Encourage pupils to link their explanations back to how these people used their talents to help others. Alternatively, pupils move around the room to stand next to the profile of the person they think is most talented.

## Prayer

Light a candle if possible. Read through the Lenten prayer together:

Dear Lord,

Let us shine our light for you this Lent.

We all have special talents which you have given to us.

Guide us as we follow your teachings and use our talents to help others.

Let us shine our light for you this Lent.

Amen.





## Lesson 3: How can I use my talents to make the world a brighter place?

### Aims:

- To explore how people use their talents to make the world a brighter place
- To think about how you can use your talents to make the world a brighter place

**Resources:** Shine Your Light activity sheets

PowerPoint, workbooks(available to download [www.cathchild.org.uk](http://www.cathchild.org.uk))

### Starter

Read 1. Peter 4:10 with the class: Every person “must use for the good of others the special gift he has received from God.”

Ask pupils what this means? Explain that this Bible passage is reminding us that we must use our special gifts/ talents to help others. So how can we do this?

### What makes someone talented?

Hand out workbooks and Shine Your Light activity sheets. Pupils look back at their list of the top three most talented people on p.2 of workbook. Ask pupils:

- Do you still agree with your choices?
- What makes someone talented?
- What about people who are not famous?

### How do people use their talents to make the world a brighter place?

Show pupils pictures of four people doing their jobs. Pupils complete p.4 of their worksheet by:

1. Drawing a picture of each person's job in the box.
2. Writing down the talents needed to do their job.
3. Explaining- how is this person shining their light and using their talents to help others.

### How can I use my talents to make the world a brighter place?

Pupils write down the job that they would like to do in the future to shine their light. It could be anything, but try to encourage them to look at their talents and think about a job which would help others.

Pupils think of three ways they can use their talents to raise money for the Catholic Children's Society (CCS) this Lent. If you have not already done so, you can read six stories about local children CCS have been able to help because of the support of schools:

[www.cathchild.org.uk](http://www.cathchild.org.uk) Pupils write their three fundraising ideas on p.4 of their workbooks and share them with the class.



### Prayer

Light a candle if possible. Read through the Lenten prayer together:

Dear Lord,  
Let us shine our light for you this Lent.  
We all have special talents which you have given to us.  
Guide us as we follow your teachings and use our talents to help others.  
Let us shine our light for you this Lent.  
Amen.