

## Lesson: Shine Your Light

### Aims:

- To identify your own talents
- To investigate how six famous people have used their talents
- To explore how you can use your talents to make the world a better place

**Resources:** Workbooks (one per pupil) [download here](#)  
PowerPoint [download here](#)  
Scrap paper  
Character profiles [download here](#)

### Activity 1: What are my talents?

#### Starter

Read through Matthew 5:14-16 on the PPT slide 3. Ask pupils- what is Jesus saying?

#### What is a talent?

Ask pupils- What do you think of when you hear the word talent? Take suggestions. Show the PPT slides of talent shows. Ask pupils which talent the following showcase: X Factor, Strictly Come Dancing and Britain's Got Talent. You could play YouTube clips of auditions.

Hand out workbooks. On p. 1 pupils write down a list of all of the talents they can think of. Set a 3 minute timer.

Talents Bingo: Ask pupils to look at their list and circle any talents on slide 10 that match with their list. Ask pupils- are there any other talents they can think of? *The first half of the list are more obvious talents, and the second half are talents we may take for granted.*

#### What are my talents?

Hand out a piece of paper to each pupil. Each pupil writes their name at the top of their sheet of paper. Pupils then pass their sheet to the person next to them. At the bottom of the sheet, their classmate writes down one thing that pupil is talented at. They then fold the bottom of the sheet so that the talent is hidden. Pupils then pass the sheet of paper to a different pupil and they write down something that person is talented at. Repeat until six people have each written a talent.

Pupils return their sheet to the named person. Pupils read through the talents their classmates have listed. Ask pupils how the list makes them feel? Would they have listed those same talents? Explain that we all have talents that are unique and special to us.

### **Talents Interview**

Pupils pick one of their talents. In pairs, pupils take it in turns to interview one another about that talent. Pupils can just discuss or write down their answers on p.2 of their workbooks.

Interview Questions:

- What is your talent?
- How did you discover your talent?
- How long have you had your talent for?
- How often do you use it?
- Are you proud of your talent?
- Do you have a role model who shares your talent?
- Could you use your talent to help others?

### **Activity 2: How have other people used their talents?**

#### **Starter**

Pupils think/write down the three most talented people in the world (in their opinion). Share ideas as a class.

#### **What makes someone talented?**

Remind pupils of Matthew 5:14-16 from lesson 1. Do pupils remember this passage? Jesus is explaining that you should use your talents to make the world a better place. Ask pupils to think again about their top three. Have these people done good things to make the world a brighter place?

#### **How have other people used their talents?**

Carousel activity. Hand out the six famous talented people profiles, one per group 3-4 pupils. In groups, pupils read through the profiles and complete the table on p.3 of their workbooks:

1. List that person's talents.
2. How did they shine their light and use their talents to help others?
3. Look at your talents listed on your Shine Your Light activity sheet. Do you share any talents with that person?

Pass the profiles around the room until all groups have completed their tables. You could also watch clips on Nelson Mandela and Marie Curie from the BBC icons series:

<https://www.bbc.co.uk/iplayer/episodes/b0by86tp>. Episode 1 explores the life of Nelson Mandela (starts 44 minutes in, lasts 14 minutes) and episode 3 explores the life of Marie

Curie (from the beginning, lasts 15 minutes). You could use this series to explore other famous people who used their talents to help others

### **Who do you think is/ was the most famous talented person?**

Class vote. Show pupils images of the six people on the PPT. Pupils vote on who they think is/was the most talented person. Ask pupils to explain why. Encourage pupils to link their explanations back to how these people used their talents to help others. Alternatively, pupils move around the room to stand next to the profile of the person they think is most talented.

### **Activity 3: How have other people used their talents?**

#### **Starter**

Read 1. Peter 4:10 with the class: Every person “must use for the good of others the special gift he has received from God.”

Ask pupils what this means? Explain that this Bible passage is reminding us that we must use our special gifts/ talents to help others. So how can we do this?

#### **What makes someone talented?**

Pupils look back at their list of the top three most talented people on p.2 of workbook. Ask pupils:

- Do you still agree with your choices?
- What makes someone talented?
- What about people who are not famous?

#### **How do people use their talents to help others?**

Show pupils slide 30. Ask pupils- What is this person’s job? *A doctor* What talents do you think you need to be a doctor? *Caring, kind, good at listening, good at communicating with people, patient, good at science etc.*

How does a doctor use their talents to help others? *Heals people, looks after people.*

#### **How can I use my talents to help others?**

Pupils choose five careers they are interested in. Slide 31 may give them some ideas.

Pupils could also research other careers online: <https://www.ucas.com/ucas/after-gcses/find-career-ideas/explore-jobs>

Pupils complete p.4 by writing the careers in the boxes to the left, then writing at least three talents required to do this job, then explaining how this career helps others.



Pupils think of three ways they can use their talents to raise money for the Catholic Children's Society (CCS) this Lent. To illustrate the difference pupils can make, read one or two of the six stories about local children and young people CCS have been able to help because of the support of schools: [download here](#)

Pupils write their three fundraising ideas on p.4 of their workbooks and share them with the class.

## **Prayer**

Light a candle if possible. Read through the Lenten prayer together:

Dear Lord,

Let us shine our light for you this Lent.

We all have special talents which you have given to us.

Guide us as we follow your teachings and use our talents to help others.

Let us shine our light for you this Lent.

Amen.