



Catholic Social Teaching Worksheet

1. Life and Human Dignity

What is one thing that is wonderful about you?

Can you think of ways we can respect the dignity of others?

2. Care for God's Creation

What can we do to protect earth and people on it?

3. Family, Participation and Community

Why is your family and other communities important to you?

How can you get involved with your community?



4. Rights and Responsibilities

What responsibilities do we have for the larger society?

5. Option for the Poor and Vulnerable

Who are the most vulnerable in our society? How can we help them?

6. Dignity of Work and Rights of Workers

How can we protect the rights of workers?

7. Solidarity

When have you depended on someone else? When has someone depended on you?

Who are the peacemakers in your life?



Bonus questions:

1. In your own words, what does 'the common good' mean?

2. How does CCS live out Catholic Social Teaching?

3. Read the passage below. Which themes of Catholic Social Teaching can you identify?

"If I encounter a person sleeping outdoors on a cold night, I can view him or her as an annoyance, an idler, an obstacle in my path, a troubling sight, a problem for politicians to sort out, or even a piece of refuse cluttering a public space. Or I can respond with faith and charity and see in this person a human being with a dignity identical to my own, a creature infinitely loved by the Father, an image of God, a brother or sister redeemed by Jesus Christ."

- Pope Francis (Gaudete et exsultate, 98)

4. In the parable of The Sheep and the Goats (Matt 25:31-46), Jesus makes the profound statement *"Truly I say to you, as you did it to one of the least of these my brethren, you did it to me."* (Matt 25:40 RSV).

What is Jesus's message? How does this relate to Catholic Social Teaching?

5. How does Catholic Social Teaching encourage us to put faith into action?