



World Children's Day 2024

Class Activity: Create and Fill Up a Kindness Jar

1. **Gather materials:** You will need a clear jar. You can decorate it using markers or cheerful stickers. Each child will also need small pieces of paper or sticky notes to write on, and a pen.
2. Encourage each child to **think of a kind act** they've done for someone else in the school. It could be making a new friend, helping someone, sharing toys, or saying something nice.
3. **Write it down:** On a piece of paper or a sticky note, have the child write down their act of kindness in simple words. For example, "Helped a friend with homework."
4. **Fill the jar:** Fold the paper or sticky note and place it inside the kindness jar. Repeat this process for each act of kindness, until the end of this term.
5. **Display the jar:** Put the kindness jar in a visible spot in the classroom where everyone can see it and be reminded of their kind acts.



At the End of the Term:

1. At the end of the term, **gather all the children** around the kindness jar.
2. Take turns to **pull out the notes** from the jar and **reading aloud** the acts of kindness written on them.
3. **Celebrate the kindness** shown by the children throughout the term. You can do this by applauding the children, giving them 'well done' stickers, or a sweet treat to appreciate their efforts.
4. Talk about how these acts of kindness made everyone feel and **reflect on how they helped** create a positive environment in the school.
5. Encourage each other to continue showing acts of kindness, even after this activity.

